



- Aspirin and NSAID (Advil, Ibuprofen, Motrin, Naprosyn, Feldene, etc) may be continued if no other anticoagulants are being administered. If on an anticoagulant that is being stopped, discontinue aspirin 3 days prior to procedure and NSAID 1 day prior.
- **If you are on an anticoagulant not listed, contact the facility for instructions.**
- If there is a possibility you could be **pregnant**, inform the center prior to your procedure.
- If you are allergic to **iodine, x-ray dye or seafood**, inform the center prior to your procedure. If you have a **Latex allergy**, please notify the center.
- **You must have a driver to drive you home.** Procedure will be cancelled if you do not have a driver. This is for your safety and the safety of others.
- Please arrive 30 minutes before your appointment time. This allows us time to complete the necessary paper work and nursing assessments prior to the procedure. (Be sure to allow driving time for Nashville traffic)
- When you arrive for your procedure, register on the **9<sup>th</sup> floor, Suite 901**. A family member may accompany you to the procedure area. ***No children under 16 are allowed in the procedure area.***
- The doctor will meet with you, explain the procedure, its risks, any potential complications and answer questions.
- You will be lying on your abdomen for the procedure. If you are unable to be in this position, notify the center prior to your procedure.

#### **After the Procedure:**

- You will be given a pain diary to complete. This is to be mailed back to us in the envelope provided.
- Carry out your normal activities. Do things that would normally bring on your pain.
- Take your regular medicine as prescribed **except** for blood thinning medications. Resume these the day after the injection. Coumadin may be resumed at bedtime on the day of the procedure.
- You will be notified of your next appointment **after** the doctor has reviewed your pain diary.
- Notify the facility (StThomas Outpatient Neurosurgical Center) at 615-327-9543 or go to the nearest emergency room if you develop **fever, chills, new arm or leg weakness, new arm or leg numbness, severe pain or headache or loss of bowel/bladder control.**

***We ask that you do not wear perfume or cologne when coming to the facility.***

St Thomas Outpatient Neurosurgical Center  
 4230 Harding Road  
 Nashville, TN 37205  
 615-327-9543 ext 3425

***(If you have not been contacted by a nurse 1-2 days prior to your procedure, please call the facility @ the number above.)***